

Arts, Dance & Enrichment

Magic of Rituals & Routines *New*

Help your child and family transition more smoothly from summer into the new school year. This parenting workshop will explore simple techniques for adding structure to your family's day around the issues of getting up and out, homework, chores, dinner and bedtime. Our workshop is offered in collaboration with the YMCA Parenting Programs.

Age: 18+
26206 Th 9/18 7-9 PM \$10/\$15
Rockville Sr. Ctr.

Fitness & Wellness

Climbing for Children & Parents

Children will be taught the basics of climbing and safety, while parents are taught to belay. Course will provide necessary instruction to allow parents to bring children to "Open Climbing" nights. Registration deadline is one week prior to start of class. Drop-in registrations are welcome on a space-available basis. An additional child in the same family is \$20. All equipment provided. ♥

Age: 7-17
26197 M 9/15 7-9 PM \$35/\$39
26198 M 10/13 7-9 PM \$35/\$39
26199 M 11/10 7-9 PM \$35/\$39
Rockville Climbing Gym



Family

Badminton - Beg./Interm.

Learn the basic strokes and techniques of badminton as well as the history, rules and scoring of this Olympic sport. Bring a racquet. For information on renting or purchasing a racquet, call 571-313-9163. Supply fee included. ♥

Age: 10+
25898 Su 10/5-11/2 1-3 PM \$88/\$102
Twinbrook CRC

Map & Compass Skills

Whether you are hiking, boating, fishing or hunting - you should always know how to get where you want to go - and even more important, how to return! This program will teach the basics of how to read a map and use a compass as we hike around the park. Cost includes equipment and instruction. Register by 12/1. ♥

Age: 12+
26257 Su 12/7 12-3 PM \$19/\$24
Departs: Croydon Creek Ntr. Ctr.

City of Rockville Department of Recreation and Parks
Rockville City Police Department * Finmarc Management, Inc.

PRESENTS:



Halloween Family Funfest

Saturday, October 25

10 am-1 pm

Potomac Woods Plaza

1075 Seven Locks Road, Rockville

- Costume Parade
- Rockville Police to discuss Trick or Treat safety
- Face Painting and Pumpkin Decorating
- Scare Crow Making, bring old pants w/belt loops, long sleeve shirts and panty hose to make your own scare crow.

For more information, call:
Recreation & Parks Dept. at 240-314-8620

